

Association for Community Education in BC
Provincial Conference 2015 ~ Sunshine Coast



The Heart of the Matter

April 9 & 10, 2015

Sunshine Coast ~ Chatelech Secondary School, Sechelt BC



A conference for community school coordinators, teachers, administrators, parents, community partners, non-profits and everyone interested in working together for kids & communities



"Connecting Schools & Families"



Gibsons Area Community Schools



Conference Keynote sponsored by Sunshine Coast Credit Union

Hosted by ACEbc, Sunshine Coast Community Schools, and School District #46

The Heart of the Matter ~ April 9 & 10



CONFERENCE HIGHLIGHTS

Hosted by: ACEbc, Sunshine Coast Community Schools, and School District #46

Location: Chatelech Secondary School, 5904 Cowrie Street, Sechelt BC

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THURSDAY, April 9 Conference Opening

- 5:30-7pm Conference Registration opens
- 6-8pm ACEbc Annual General Meeting and Official Welcoming
- Opening address** ~ Sue Montebello
- 8pm-10pm Evening social

FRIDAY, April 10 Conference Day

- Morning: 9am-12pm Continental breakfast & Welcome
- Conference keynote**
~ Mary Gordon
- Coffee table conversation**
~ Mary Gordon, Sue Montebello & Kimberly Schonert-Reichl, hosted by Maria LeRose
- Morning Workshops
- Lunch
- Afternoon: 1pm-3pm Afternoon Workshops
- Wrapping up the Heart of the Matter**
~ Michael Clague & John Talbot, hosted by Maria LeRose

WORKSHOP SCHEDULE

MORNING:

- PATSY ANTHONY:** Emotional Freedom Techniques, Tapping with Children
- ERIC BOWERS:** The Power of Empathy
- KIRSTEN DEASEY:** Early Years, Foundation of Social / Emotional Health
- PETER DUBINSKY:** The Role of Social Emotional Learning in Building Community
- DALJIT GILL-BADESHA & ANGIE MAPARA OSACHOFF:** Promoting Children's Rights and Participation Through Value-based Play
- JENNY GROVES & LINDA RUSSELL:** Gumboots & Bear Bangers ~ Tales of Growth from a Nature Program
- BARRY KRANGLE:** Little School Big Heart
- MICHELE LILYANNA:** Practical Ways to Integrate Mindfulness & SEL into the Classroom Each and Every Day
- KIMBERLY SCHONERT-REICHL:** Middle Years Development Instrument: Unpacking the Data

AFTERNOON:

- BETTY BAXTER:** Facilitation Skills for Inclusive Meetings
- ROY BOUTILLIER & JORDY WALLACE:** Cool School
- URSULA HARDWICK:** Building Resiliency and Belonging Through Classroom-Based School Counselling
- IHA HAYER & BAL DHILLON:** Students ARE the Heart of the Matter
- KEELY HALWARD & WAYNE SPYCHKA:** Be More Than A Bystander
- MAGGIE KARPILOVSKI & SUKH SHERGILL:** Scaffolding, and Evaluating SEL Competencies in Out-of-School Time
- CHRISTABELLE KUX-KARDOS:** Welcoming School Environments
- SONJA SINCLAIR:** Safe Relationships, Safe Children
- RON SKENE & MINDFULNESS/SEL PROJECT TEAM MEMBERS:** Implementing a District-wide, Mindfulness Enhanced Social Emotional Learning Program
- LINA SWEISS:** What are Vancouver Children Doing After School? A Look at Out-of-School Time Using the MDI

Conference sponsors:



Conference Keynote sponsored by Sunshine Coast Credit Union

Coffee Table Conversation sponsored by SD#46



The Heart of the Matter Conference Presenters

Keynote: Community Schools ~ Safe Harbours for Children to be Securely Anchored & Happily Launched



MARY GORDON, recognized internationally as an award-winning social entrepreneur, educator, author, child advocate and parenting expert, has created programs informed by the power of empathy. Ms.

Gordon is also the founder of Canada's first and largest school-based Parenting and Family Literacy Centres which were the seeds for StrongStart centres in BC. Roots of Empathy was created in 1996 and is now throughout Canada and in ten countries in multiple languages. Seeds of Empathy, for 3-5 year olds in childcare, is now in Canada, USA and the UK. She is the recipient of several awards recognizing her contribution to innovation in education and international social entrepreneurship, including the Manning Innovation Award for the top social entrepreneur in Canada. Ms. Gordon has had dialogues with His Holiness the Dalai Lama. She is a Member of the Order of Canada and an Ashoka Fellow. Her book, *Roots of Empathy: Changing the World Child by Child*, is a Canadian bestseller.

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Opening Address: Journeying into the Heart of Community Schools



SUE MONTABELLO

is a passionate teacher and administrator whose work honours and nurtures the diversity of community, enabling others to come together to learn and thrive. Sue's experience and

understanding of developing a caring and compassionate community has led to documentation of her work in the video *Dare to Care: Transforming Schools through the Ethics of Care*. Sue has worked in the Burnaby school district as principal for 23 years. Currently, Sue is in her fourth year in her role as principal at secondary school, bringing the principles of community education into realization. Sue has worked at SFU as a faculty associate and co-ordinator and continues her work as instructor of graduate diploma programs for practicing K to 12 teachers. At the heart of Sue's work in all of these environments is a commitment to the promise of community.

Coffee Table Conversation

Ms. Schonert-Reichl will be joining Mary Gordon and Sue Montabello in a Coffee table conversation, hosted by Maria LeRose. **KIMBERLY SCHONERT-REICHL**, an

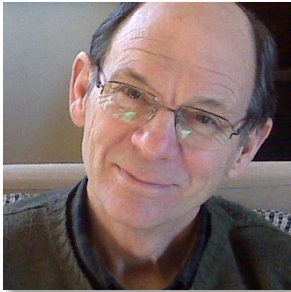
Applied Developmental Psychologist, a Professor in the Department of Educational and Counselling Psychology at UBC, and the Interim Director of Human Early Learning Partnership, is currently involved in several



school-based research projects studying the effectiveness of SEL programs including an examination of the effects of the "MindUp" program. She is also active with several national and international advisory boards, including the Vancouver School District's steering committee on the promotion of social responsibility, and she is an advisor to the BC Ministry Education on the development and implementation of the new BC Education Plan that will provide revisions to the BC K-12 curriculum and assessment framework.

Conference Presenters (continued)

Wrapping up the Heart of the Matter



MICHAEL CLAGUE

has been executive director of three voluntary agencies, the Britannia Community Services Centre, the Community Social Planning Council of Greater Victoria and SPARC BC. Michael

learned about the power of the arts for building community during his tenure at the Carnegie Community Centre in Vancouver's Downtown Eastside. Michael was inducted into the Order of Canada in 2008. He and John have been friends & colleagues throughout their careers.



JOHN TALBOT has over 35 years of experience as an executive, consultant, practitioner and trainer nationally and internationally using a community development model. John specializes in facilitation,

mediation, strategic and leadership development. Recent educational work includes facilitating the Centennial Secondary School in Coquitlam, the Neighbourhood Learning Centre in Gibsons and the review of the Community School model in Burnaby.



MARIA LeROSE is an award-winning television producer and interviewer, and an Adjunct Professor in the Faculty of Medicine at the University of British Columbia. She received her Masters of Education from the University

of British Columbia in the Department of Education and Counseling Psychology – with an emphasis on social and emotional development. She has moderated panels featuring the Dalai Lama, Mikhail Gorbachev and Sir Ken Robinson.

The Heart of the Matter

WORKSHOPS



(As in life ~ subject to change)

Emotional Freedom Techniques ~ Tapping with Children

Patsy Anthony, Teacher, Certified EFT Practitioner, Author Emotional Freedom Techniques, or Tapping, has been shown to calm the amygdala, reduce cortisol, and relieve anxiety, anger, loneliness and sadness. It empowers children to problem solve with empathy, practice mindfulness, and overcome limiting beliefs. In this session, you will discover the enormous benefits of tapping that are simple, relevant and fun.

Facilitation Skills for Inclusive Meetings

Betty Baxter, Community Consultant and chair of Board of Education SD#46

Conducting inclusive, respectful & productive meetings takes planning. This session will give you a framework for success and include tips and troubleshooting to guide positive dialogue in order to move through differences in a timely way. Session will highlight behaviour patterns of adults and will give you a chance to practice some new tools in small groups.

Cool School: Sparking Student Interest

Roy Boutilier, Founder & **Jordy Wallace**, Instructor & Graduate, Elphinstone Secondary, SD#46

The metal, wood and mechanics shops are buzzing with students. Qualified tradespeople share their expertise on techniques and proper tool usage within various trades. This inspiring program is sparking student interest and propelling them through to graduation and on to apprenticeships for some.

The Power of Empathy

Eric Bowers, Nonviolent Communication Trainer

With a background in interpersonal neurobiology, attachment theory and nonviolent communication, Eric will lead you in fun games, activities and stories that increase empathy, connection and compassion. This session will highlight strategies to build healthy emotional brains in ways that are easily transferable to the classroom, or any group. His background in outdoor education and music will engage workshop participants and allow creative learning.

Early Years ~ Foundation of Social/Emotional Health

Kirsten Deasey, Early Learning Coordinator, SD#46

Since 2003, Kirsten has been developing programs and models of integration that engage families, schools and community to support the development of children newborn to five. Learning, health and behaviour rest on a foundation determined by the social / emotional connections established early. Learn about the exciting programs of the Sunshine Coast Early Years Centre Project, one of 12 pilot sites in the province.

The Role of SEL in Building Community

Peter Dubinsky, Director of Instruction, Burnaby SD#41

This session will explore the five pillars of Social Emotional Learning ~ Self-awareness, Self-management, Social Awareness, Relationship Skills, Responsible Decision-making ~ and how they relate to the concept of community building, incorporating the work of Peter Block. We will examine the work of SEL in schools and how it can help enhance student and parent engagement in a school community.

Promoting Children's Rights and Participation through Value-based Play

Daljit Gill-Badesha, Middle Childhood & Youth Manager, City of Surrey and **Angie Mapara Osachoff**, Regional Program Officer, Equitas

Learn how the City of Surrey and Equitas have collaborated to enhance programming for children in their middle years. The City's MYzone program provides accessible drop-in programs for children during critical after school hours promoting social, emotional, academic and physical health. Equitas' Play it Fair! program enhances children's voices and participation through active play.

Gumboots and Bear Bangers ~ Tales of Growth from a Nature Program

Jenny Groves & Linda Russell, Davis Bay Elementary School teachers, SD#46

Jenny and Linda will present key learning and discoveries made through two years spent developing and teaching a K-4 nature based public education program. This experiential session will include conversations around fostering deep classroom connections to nature and community; exploring insights into evolving best practices in teaching,

assessment, and reporting; and how growing green hearts and minds can lead to happier and healthier children and teachers.

Building Resiliency and Belonging Through Classroom-Based School Counselling

Ursula Hardwick, District Elementary Teacher Counsellor, SD#46

Using Universal Design theory, SD#46 has been transforming the Elementary District counselling model to include more classroom-based preventative work. Collaboration with classroom teachers in the delivery of evidence-based interventions has led to increased capacity amongst students and staff.

Be More Than A Bystander

Keely Halward, Program Director, Together Against Violence Services & Program Coordinator and **Wayne Spychka**, Police Based Victim Services Program

Keely and Wayne will present this Sunshine Coast Community Services initiative which invites youth to become champions in ending violence against women. By engaging youth as role models, this program helps identify safe ways to "be more than a bystander". Modeled after the work of Jackson Katz.

Students ARE the Heart of the Matter

Iha Hayer, Community School Coordinator and **Bal Dhillon**, Teacher/Coach Byrne Creek Secondary, with youth from Byrne Creek, Burnaby

Leadership development and relationship building are threads that weave throughout community schools and education and help establish the sustainability of healthy community school initiatives. This session will offer accounts of the benefits of Community Schools to youth from youth.

Scaffolding & Evaluating SEL Competencies in Out-of-School Time

Maggie Karpilovski, Facilitator and **Sukh Shergill**, Manager, Community-Schools Partnership, SD#36

Using the Surrey School District's *Attendance Matters* program this session will look at methods aligning SEL competencies outside of school time programming and extending them into the classroom. Additionally we will explore the use of data for the purpose of program site selection, target student selection, progress monitoring and program evaluation.

Little School Big Heart

Barry Krangle, Principal, Madeira Park Elementary School, SD#46

In the heart of the rural community of Pender Harbour sits an incredibly progressive and adventurous school. With an emphasis on experiential learning, this model community school thrives with innovative programs such as Week Without Walls, Outdoor Classroom, Fine Arts Week and theatrical productions. Join Barry Krangle for an exciting session loaded with ideas for community school enthusiasts.

Welcoming School Environments

Christabelle Kux-Kardos, Information & Referral Coordinator, Sunshine Coast Community Services

As a previous School Trustee, Municipal Councillor and community school parent, Christabelle understands the importance of creating a sense of belonging and inclusiveness in schools to anchor families and enable them to feel connected. Learn simple ways to create community using plain language, clear communication, welcoming signage, and other strategies.

Practical Ways to Integrate Mindfulness and SEL into the Classroom Each and Every Day

Michele Lilyanna, Teacher/Writer

Michele zealously creates living lessons for children, parents and teachers by applying leading edge research, practices in neuroscience, & compassionate communication. It is her intention to teach children these practices so they can become more resilient, self-regulating, self-aware and joyful. Learn ways to seamlessly integrate this living curriculum into the everyday classroom. happinessandjoylessons.com

Middle Years Development Instrument: Unpacking the data, moving research into action

Kimberly Schonert-Reichl, Professor in the Dept of Educational & Counselling Psychology, and Special Ed. at UBC, Interim Director of Human Early Learning Partnership (HELP) and Principal Investigator of the Middle Years Development Instrument (MDI)

Digging deeper into questions about MDI data is a great place to start community conversations about Social Emotional Learning. We can use the MDI results to reflect on our knowledge and beliefs about our

students. There will be an opportunity for participants to reflect on the data and to consider possible actions.

Safe Relationships, Safe Children ~ Building Communication Across Community Agencies

Sonja Sinclair, Provincial Consultant

The Sunshine Coast is a pilot site for a provincial initiative aimed at early identification of children affected by parental mental illness, substance use and/or intimate partner violence and increasing cross-agency collaboration and communication in order to better service children and their families.

Implementing a District-wide, Mindfulness Enhanced SEL Program ~ Lessons from the Field

Ron Skene & members of the Sunshine Coast school-based Mindfulness/SEL Project team

True Social Emotional Learning cannot be accomplished through 'one off' or stand-alone programs. Understanding and embodying the core elements of Social Emotional Learning is foundational to an effective implementation plan. Participants will explore the essential components of comprehensive SEL programs and what role community schools can play in a district-wide SEL implementation strategy.

What are Vancouver Children Doing After School? A Look at Out-of-School Time Using the MDI

Lina Sweiss, Researcher/Research Manager, Sweiss Research & Statistical Services, Fraser Health Ethics Services

We will discuss recent research in Vancouver that revealed the complexities of participation in structured programs and free-time activities in relation to children's overall well-being (e.g., confidence, competence, connections, character, caring). Together, we will explore how participation in programs and activities may look for children in your community.

ACCOMMODATION: Conference rate available until **Feb 28** at Driftwood Inn ~ a beautiful waterfront setting, 5 minute walk to Chatelech Secondary
Reservations: driftwoodmotorinn.com
Other options: bbsunshinecoast.com



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The Heart of the Matter **REGISTRATION FORM**

Name: _____
Organization: _____
Address: _____
City: _____ Postal code: _____
Phone (c): _____ Phone (w): _____
Email: _____
Dietary considerations: _____

Registration fee:

- | | |
|---|-------|
| <input type="checkbox"/> Professionals ~ teachers, administrators, agency staff | \$189 |
| <input type="checkbox"/> Friday full day only | \$169 |
| <input type="checkbox"/> Thursday evening only | \$ 29 |
| <input type="checkbox"/> Community ~ parents, students, community members | \$ 69 |

For Community School Coordinators:

- | | |
|--|-------|
| <input type="checkbox"/> EARLY BIRD Special for ACEbc Members until February 28 | \$169 |
| <input type="checkbox"/> After February 28 | \$189 |
| <input type="checkbox"/> Pre-Conference April 8 & 9 for Coordinators
includes 1 night shared cabin, breakfast, picnic lunch & site visit | \$ 69 |
- Site Visit selection Option 1: SC Community Schools – SEL & Diversity In Action
 Option 2: Exploring Pender Harbour ~ Little School Big Heart
 I would like to walk on the ferry and am requesting local transportation

Register online at: <http://heartofthematter.eventzilla.net>

Or complete this form and mail to: PO Box 548, 783 School Road, Gibsons BC, V0N 1V0

Please make cheque payable to: Gibsons Landing Community Society

* Method of Payment: Cheque Visa MasterCard

Cardholder's Name: _____

Card Number: _____ Expiry date: _____

3 digit security #: _____ Total payment \$ _____

* NOTE: *Payments by credit card are subject to 2.9% + 0.30 processing fees*

Signature: _____

Conference inquiries: heartofthematter2015@gmail.com

Community info & events: secheltvisitorscentre.com ~ bigpacific.com ~ suncoastarts.com